

Stay Safe around Christmas Decorations

We love decorating our houses this time of year, creating a vibrancy to counter the winter darkness. Make sure that your house is pet-proof:

Christmas Trees should be secure so they won't be toppled by an enthusiastic tail (or feline climber!).

Baubles are super tempting for dogs who love a ball. Keep them up high, or opt for non-spherical decorations.

Tinsel, ribbons and fairy lights can be a tangling hazard, so put them up out of reach. Keep wires well out of reach too.

If you bring in plants, such as mistletoe, poinsettia and ivy, keep them out of reach of chewers. They are mildly toxic and can cause tummy upsets if eaten.



“For me, it’s never ‘just a walk’. Every outing is a fun adventure, and I take care to ensure that each dog feels safe, happy, and well-looked after.

I’m Heather, proud pet parent to Penny, my Jack Russell Terrier, six rescue cats, and a few cheeky rescue hens.

After working in both the corporate and charity worlds, I started up my own dog care business, combining my love of outdoors with my love of animals.

I soon realised that there is more to walking dogs than just clipping on a lead: every dog has unique needs and behaviours. So I soon began to study dog behaviour and now use my knowledge to ensure that each dog gets the very best experience with me.

Heather

I am committed to bringing best practice to my care through ongoing learning and ethical practices. I am qualified in Canine Behaviour, First Aid and Welfare. I am passionate about helping every dog to live their best life, through walks, training and equipment.

To find out more, call: 07706447261



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Festive cheer

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Take it easy

We all slow down over the festive period.

Enjoy this extra time with your dog, spending special moments with them to strengthen your bond with them. You could explore new walking routes together, or snuggle up on the sofa with them to watch the festive movies. Plain, air-popped popcorn is ok to share in small quantities as a treat.



Expecting Guests?

Lots of visitors and noisy children can be overwhelming for many dogs. Set them up a calm zone away from the noise with somewhere comfy to sleep, calming music and familiar scents. A favourite chew can help them relax too.

Gift Ideas

Give your dog the gift of confidence this year by gifting them some enrichment toys like snuffle mats and lickimats. Using their noses is great fun, and naturally increases their levels of optimism too!

Dog beds are another great present. Having one in each room gives your dog plenty of cosy options for their favourite napping spot.

Gifting No-Nos

Rawhide treats can't be digested, so opt for healthy, natural chews instead. Avoid festive dress-up — most dogs don't enjoy it, no matter how cute the outfit. If you want a festive photo, a little photo editing does the trick!

Top tip:

On Christmas Day, set up a large cardboard box for used wrapping paper. This makes a great snuffle box for treats. Extra fun if you can find a box big enough for your dog to fully climb into!

Share a dog-friendly Christmas dinner

OK, not all your dinner! And it's not a substitute for a complete diet with all the required vitamins and minerals. But for a festive treat on the day, you can give your dog some tidbits of dog-safe veggies, like carrots and broccoli, and a piece plain cooked meat. Be sure to reduce their meal so that they're not overeating and feel ill!

Toxic food

Remember that chocolates, raisins, and onions are all toxic to dogs. So no Christmas cake, mince pies, or onion gravy. Keep all chocolates well out of reach of opportunistic paws.

For more information, visit my website, or book a discovery call with me:

