

Enjoy your walks together

It's tempting to rush through the "chore" of dog walking. But for our dogs, this is often the only time in their day where they get to go outside of their house and explore a different environment.

If you are short in time, don't be tempted to go at double speed, but instead do half the distance.
It's quality, not quantity.

Enjoy this time with your dog, and make it fun. Here are some great games that everyone can enjoy.



Care you can trust.
Adventures they will love.

With ethical standards, professional qualifications and years of experience, I provide safe, enjoyable adventures that support your dog's physical and mental wellbeing.

I specialise in smaller breeds, meaning that your dog won't be intimidated by any gentle giants.

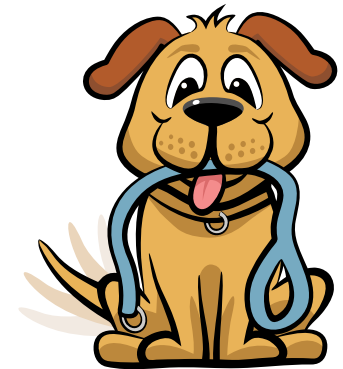
Daycare and home boarding options available for regular clients.

New for Autumn 2025: Training services

To find out more, and to arrange a free meet and greet session,
visit: www.heatherswalkies.co.uk
or call: 07706447261



Walking Games



For more, check out Simone Mueller's book, *Hunting Together*:



Produced by Heather's Walkies

Sniff! / Treasure Hunt

This is my favourite game, and we play it on all of my dog walks.
It's great for helping dogs who are feeling nervous, over excited or just need to chill out.

But mostly, it's great fun.



Start nice and easy - throw one treat on a bare patch of ground, whilst saying the word "Sniff!".
Repeat until they get the idea that "Sniff!" means food on the floor.

Now to make it harder: begin tossing the treats into long grass so it's harder for them to find.

Can they find several treats scattered across a wide area?



Cookie Tree

In this game, you are going to hide some treats in the bark of a tree, pushing them into the cracks.

If your dog can't find the treat, give them a helping paw - point vaguely to the hiding spot, saying "try looking here".

Don't give the game away by pointing straight to the treat, though! The fun is in the search.

Try different foods: kibble, cheese, sausage, even banana. What does your dog prefer?

Bowling

Does your dog LOVE to play fetch?

Repeatedly chasing a ball can lead to overexcitement, and potentially injuries. With a simple switch, using food instead of a ball, you can keep the fun and reduce the risk.



Start by bowling a treat along the ground for your dog to chase.
Once they have eaten it, and turn back to look at you, bowl a treat in the opposite direction.

Try varying the distance and speed for more fun.

The simple action of pausing to eat helps keep them from getting overexcited, and reduces the risk of injury.