

What is Free Work, and why your dog will love it

What is it?

Freework is an enrichment experience for your dog, encouraging them to explore various objects using all of their senses. Think of it like a fun, sensory obstacle course, good for the mind as well as the body.

Improved confidence

Allowing your dog to explore new experiences in a safe setting teaches them that not everything unfamiliar is scary. This builds their confidence and resilience for the real world, making it particularly useful for nervous or reactive dogs.

Discover their favourites

Observe your dog closely - which food do they eat first? Do they avoid walking on particular surfaces? By providing lots of options, you will learn about their likes and dislikes.

Great on a rainy (or hot!) day

When a walk just isn't possible, Freework provides a great opportunity for your dog to explore indoors, giving them a good mental workout.



Care you can trust.
Adventures they will love.

With ethical standards, professional qualifications and years of experience, I provide safe, enjoyable adventures that support your dog's physical and mental wellbeing.

I specialise in smaller breeds, meaning that your dog won't be intimidated by any gentle giants.

Daycare and home boarding options available for regular clients.

To find out more, and to arrange a free meet and greet session,
visit: www.heatherswalkies.co.uk
or call: 07706447261



Fun with Freework



Find out more about Freework at
Animal Centred Education:



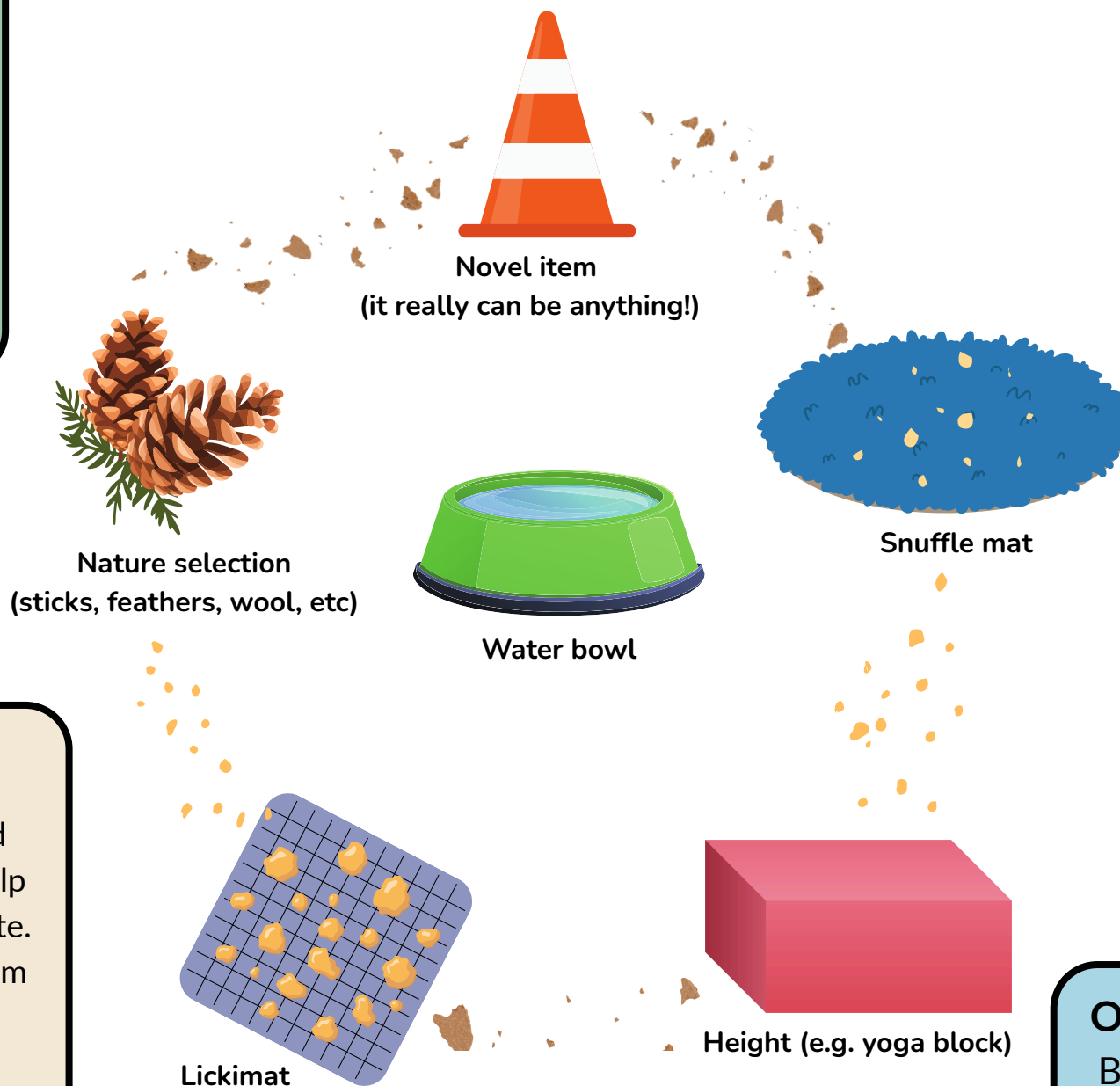
Produced by Heather's Walkies

Example set-up with 5 stations

1. Set up

Lay out your stations with plenty of space to move between.

Choose different surfaces, heights, and objects to explore. 4-6 stations is a good number.



2. Add food

Place small pieces on and between the objects to help your dog start to investigate. This also helps to slow them down.

Try different foods - banana cornflakes, yoghurt... be imaginative!

3. All done!

Dogs can take up to 15 minutes to fully investigate. You can add more food during this time to keep them engaged.

They will signal that they are done by having a big drink, or wandering away from the stations.

Only have 2 minutes?

Bring home a novel item from work for them to discover.